

## NPSC – Parents Guide to our COVID Policies

August 18, 2021

Thank you so much for being a part of our club, we know being able to play is important for all of our kids and we want to make it as safe as possible. In addition to the usual registration, uniforms and driving to practices and games, this season will have some new responsibilities for our parents. This document will hopefully serve to simplify those responsibilities so we can quickly get the kids on the field.

COVID Questions – <u>npscovidtracking@gmail.com</u> General Questions – <u>info@npsoccerclub.org</u>

# Send in documents before the start of the season

Everyone participating in the NPSC Spring season will have to submit a signed **Medical Release** and Waiver of Liability, acknowledge the NPSC COVID-19 Safety Protocols and complete the health questionnaire. You should have received an email to fill out these documents online – if you haven't received that email or need a new email sent, contact us at npscovidtracking@gmail.com.

Anyone who has not submitted all documents will NOT be allowed to play. If a parent arrives at an event (practice or game) and hasn't submitted the documents, they will be directed to email <a href="mailto:npscovidtracking@gmail.com">npscovidtracking@gmail.com</a>. They will still need to wait to be cleared by NPSC, so their child will not be able to practice that day.

# All Persons

- Maintain and follow guidelines for masks and social distancing. These might change based on guidance from the New Jersey Department of Health.
- Read and understand safety protocols, and stay apprised of updates
- Stay home if you are experiencing COVID-19 symptoms, or if you've had close contact with someone who is being tested for or has been diagnosed with COVID-19
- Report any exposure to COVID-19 to <u>covidtracking@npsoccerclub.org</u>
- See detailed protocols on the NPSC COVID- 19 HUB HERE.

### Parent Responsibilities:

- Complete and "sign" the Medical Release and Waiver of Liability, a NPSC COVID-19 Safety Protocol document and Health Questionnaire
- Conduct screenings and abide by the health questionnaire requirements
- Ensure washing (e.g, hands) takes place before and after every training and game
- Ensure clothes and equipment are sanitized before and after every training and game
- Check your child's temperature before any team related event
- Notify your club immediately if your child becomes ill
- Ensure your child has sanitizing products and plenty of water
- Parents are not allowed on the field for practice, and should practice social distancing guidelines at games
- See detailed protocols on the NPSC COVID- 19 HUB HERE.

## **Player Responsibilities:**

- Bring and use hand sanitizer
- Be open and transparent with coach
- Place bags and equipment at least 6 feet apart
- Do not touch or share anyone else's equipment, water, food or bags
- No group celebrations, high-5s, hugs, handshakes, etc.
- Respect and practice physical distancing
- Wash hands thoroughly and immediately after events
- Wash and sanitize all equipment before and after events
- See detailed protocols on the NPSC COVID- 19 HUB HERE.